

KPS 2023-2024 : PHSE

	1	2	3	4	5	6	7	8
Term 1:1		What is PHSE? PHSE Ground Rules	Circle time- Moving year group. Stress, worries & positives	Mental Health and Well Being: Lesson 1	Mental Health and Well Being: Lesson 2	Mental Health and Well Being Lesson 3	Half term review document for the end of year report	
Term 1:2	9 Keeping Safe and Managing Risk. Lesson 1	10 Keeping Safe and Managing Risk Lesson 2	11 Keeping Safe and Managing Risk Lesson 3	12 Identity, society and equality Lesson 1	13 Identity, society and equality Lesson 2	14 Identity, society and equality: Lesson 3	15 Half term review document for the end of year report	
Term 2:1	16 Digital Wellbeing: Lesson 1	17 Digital Wellbeing: Lesson 2	18 Digital Wellbeing: Lesson 3	19 importance of healthy sleep routine. How can technology effect this	20 Half term review document for the end of year report			
Term 2:2	21 RHSE Lesson 1	22 RHSE Lesson 2	23 RHSE Session 3	24 Use to addresses any misconceptions	25 Half term review document for the end of year report			
Term 3:1	26 Careers, Financial Capability and Economic Wellbeing: Lesson 1	27 Careers, Financial Capability and Economic Wellbeing: Lesson 2	28 Careers, Financial Capability and Economic Wellbeing: Lesson 3	29 Drug, Alcohol and Tobacco Education: Lesson 1	30 Drug, Alcohol and Tobacco Education: Lesson 2	31 Drug, Alcohol and Tobacco Education: Lesson 3	32 Half term review document for the end of year report	
Term 3:2	33 Physical Health and Wellbeing: Lesson 1	34 Physical Health and Wellbeing: Lesson 2	35 Physical Health and Wellbeing: Lesson 3	36 The importance of a healthy sleep routine-effect to mental health & physical	37 Half term review document for the end of year report	38 Circle time- Transition	39 Shuffle Up	