

Kexborough Primary School

2022 – 2023 : Newsletter #14

Monday 12 December 2022



KS2 CHRISTMAS CAROL CONCERT

The KS2 Carol Concert will be held on 15th December at Darton church. The children will leave school at 1:30pm in preparation for a 2:00pm start at the church. Tickets do not need to be booked for this. There will be a number of rows at the front of the church that will be reserved for the children.

The form **must be completed** (link below) to state that you give your child/ren permission to walk down to the church and indicate whether they will be collected from church or will be walking back to school with staff.

<https://forms.office.com/Pages/ResponsePage.aspx?id=dp7hA7Z84EKEdIKZVN0iTs2a19W8NuBlomiy39oYOGJURUg4Q0k3NzhCQ1Q3T1RFOUc5VUlaTETBMC4u>

This form will close at 12:00pm on Tuesday 13th December. Please ensure that you have completed it before then. This allows time to complete registers and all associated risk assessments.

CHRISTMAS DINNER / CHRISTMAS PARTY

On Wednesday 14th December we will be holding our school Christmas dinner. Children are able to wear Christmas jumpers / t shirts / tops on this day and bring santa hats etc to wear whilst having lunch.

On Friday 16th December children can come to school in non-uniform in preparation for their Christmas party.

RETURN TO SCHOOL

Just a reminder that children return to school at 9:00am on Wednesday 4th January 2023 as Tuesday 3rd January is an INSET day.



FEAR-LESS TRIPLE P ONLINE

Help them break free from anxiety

FREE IN
BARNSELEY!

HOW DOES ANXIETY AFFECT CHILDREN & TEENS?

Some children and teenagers worry more than others. When they become extra-worried, anxious feelings can start to affect everyday life. They may often be upset and fearful, become withdrawn, or even feel 'sick with worry'. But with the right support, they can gain confidence and break free from anxiety. When they get help to develop their own toolkit of coping skills, they can deal with difficult emotions in healthy ways. It will help them right now, and in the future!

Fear-Less Triple P Online helps you support your child's or teenager's coping skills

This FREE online programme shows you the practical steps you can take to help your child or teenager to feel calmer and more capable. When you know how, you can help them be more emotionally resilient, and teach them new skills. Watch them gain confidence as they learn to tackle fears and situations they've been avoiding.

You can help your child or teenager manage fear and anxiety

In this easy-to-use online course, you'll learn what's within your power to change. There are videos and interactive activities to help you:

- Understand more about anxiety (and how to reduce it)
- Know how to respond to your child when they're anxious
- Help your child develop skills to cope with challenging situations and solve problems
- Teach them a range of strategies based on proven principles

Fear-Less Triple P Online is your personal toolkit for parenting an anxious child. It's full of ways you can support children's emotional wellbeing. In fact, Fear-Less Triple P can help the whole family break free from the stress and anxiety cycle. It's part of the Triple P – Positive Parenting Program®, used around the world!

Also includes extra module: 'Parenting in uncertain times' for the challenges of COVID-19

START TODAY – IT'S COMPLETELY FREE!!

Right now this world class programme is available FREE in Barnsley.

Find out more: Contact your Compass Practitioner

E-mail: info.barnsleyMHST@COMPASS-UK.ORG

Phone: 01904 666371

This free Triple P programme is brought to parents by Compass Be

Sign up here





TRIPLE P ONLINE

Help your kids cope with challenges

FREE IN
BARNSELEY!

**BE A POSITIVE PARENT IN UNCERTAIN TIMES:
EXTRA MODULE NOW INCLUDED**

Support your child's emotional wellbeing (and improve yours, too!)

We all face challenges sometimes – and recent events have added a little extra stress into family life. But positive parenting skills and strategies can make a huge difference to your child's development and wellbeing. And that can have a far-reaching impact on their life, and yours.

Why Triple P works

The Triple P – Positive Parenting Program® is one of the world's best. Backed by more than 330 trials and studies, Triple P gives you proven parenting strategies that will help you develop your child's talents and life-skills – so they can be happy, confident and successful. In the meantime, your home life will be better too: with rules followed, relationships stronger, and parents who are much less stressed!

Now, there's Triple P Online, so you can set your own parenting goals, learning step-by-step whenever you like. It'll help you:

- Cope with difficulties and emotional stress
- Encourage good behaviour
- Prevent tantrums & manage misbehaviour
- Take the stress out of shopping
- Manage problems calmly and without yelling
- Get your child to co-operate and follow instructions
- Strengthen your relationship as you teach them new skills

START TODAY – IT'S COMPLETELY FREE!!

Right now this world class programme is available FREE in Barnsley.

Find out more: Contact your Compass Practitioner

E-mail: info.barnsleyMHST@COMPASS-UK.ORG

Phone: 01904 666371

This free Triple P programme is brought to parents by Compass Be

Sign up here



Diary

Monday 12 th December PM	FS2, Y1 and Y2	Pantomime Visit
Wednesday 14 th December Lunch	FS2 – Y6	Christmas Dinner
Thursday 15 th December PM	Y3 – Y6	Christmas Carol Concert
Friday 16 th December 3:30pm	All children	Break for Christmas holidays
CHRISTMAS HOLIDAY		
Tuesday 3 rd January All day	All children	INSET Day
Wednesday 4 th January 9:00am	All children	Return to school
Tuesday 10 th January 3:45pm	Y6 Parents / Carers	Y6 SATS Meeting
Friday 3 rd February All day	All children	Number Day
Friday 10 th December 3:30pm	All children	Break for February Half Term
FEBRUARY HALF TERM		
Monday 20 th February All day	All children	INSET Day
Tuesday 21 st February 9:00am	All children	Return to school
Wed 1 March – Fri 3 rd March	Selected Y4/Y5 children	Residential Visit
Friday 17 March All day	All children	Comic Relief Day
Tuesday 21 March 3:30 – 5:30 / 6:00	Y6	Parent / Carer Review Meetings
Wednesday 22 March 3:30 – 5:30 / 6:00	FS1 – Y6	Parent / Carer Review Meetings
Thursday 23 March 3:30 – 5:30 / 6:00	FS1 – Y5	Parent / Carer Review Meetings
Wednesday 29 th March All day	Year 1	School Trip
Friday 31 st March 3:30pm	All children	Break for the Easter holidays