			Hockey			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can use a bat or racket to toss a	,	ght in Year 1 and	To be able to use the	To dribble effectively	To dribble effectively	To recap the correct
ball at close range into the air.	•	links can be made	correct grip whilst	through cones	in different directions	technique of how to
	within multi-skills	•	using the hockey			dribble
Can throw a ball to a partner to	team g	games.	stick.	To pass and trap		
hit with a bat/racket and can hit				using the correct	To use the push pass	To recap the push
a thrown ball with a bat/racket.			To be able to	technique	whilst on the move	pass and correct
With a partner begin to send			successfully dribble in a straight line To	To pass and trap		technique for trapping and moving
and receive a ball using a			begin to be able to	using the correct	To pass accurately	into space
bat/racket and ball.			dribble successfully in	technique	using the push pass	into space
bat/racket and ban.			and out of cones in a	teerinque	and the slap shot	To recap the correct
			straight line.	To use the correct	over a variety of	technique for a slap
			- conditions	technique when	distances	shot
			To complete a push	shooting from close		
			pass correctly and	range and from	To look at shooting	To recap the correct
			consistently whilst	different angle	from a variety of	safe tackling
			aiming at a target.		ranges and angles	techniques
				To begin to look at		
				the block tackle.		To transfer skills to
			To use the correct		To effectively and	small sided attacking
			technique when	To use and apply the	safely use the	and defensive games
			trapping a ball which is rolled at a slow	skills taught in small	jab/block tackling	
			pace.	sided games	technique	To use and apply the
			pace.		To use and apply the	skills taught in small
			Using a partner being		skills taught in small	sided games
			able to pass and trap		sided games	Sided Barries
			a ball correctly		 	
			between each other		Assessment	
			consistently.		opportunity	

			Rugby			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can walk and jog in a space avoiding	Rugby is not tax	ught in Year 1	To be able to pass	To develop passing	To be able to pass	To be able to pass
others and obstacles.	and Year 2. However, links		and catch a rugby	and catching	accurately using	accurately using
	can be made w		ball using the correct		correct technique (6	correct technique (6
Can walk and jog backwards avoiding	skills, team rela	•	grip	To develop passing	o clock)	o clock)
others and obstacles.	game	es.		and catching and		
			To signal for the ball	begin to look at	To pass and receive	
Can alternate speed; moving quick then			To be also as leaders	running onto the ball	the ball whilst on the	To pass and receive
slow, then quick etc.			To begin to look at	To dovolou dodoino	move	the ball whilst on the
Can play a team game involving			passing backwards.	To develop dodging	To ensure that	move
stopping, starting and following			To run forwards with	To work as a team	passes go backwards	To ensure that
instructions.			the ball and dodge	when tagging a	passes go backwards	passes go backwards
mstractions.			an opponent	player		passes go backwards
				p.u/ c.	To be able to defend	
			To begin to look at	To mark an	with accuracy and	To be able to defend
			tagging an opponent	opponent effectively	efficiency	with accuracy and efficiency
			To complete mini	To complete mini		
			games to	games to	To be able to defend	To be able to defend
			incorporate the skills	incorporate the skills	with accuracy and efficiency	with accuracy and efficiency
					To complete mini	To adapt games to
					games to	focus on defending
					incorporate the skills	or attacking
						To develop tactics
						for a game situation

		To complete mini
		games to
		incorporate the skills

			Football			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can walk and jog in a space avoiding	Football is r	not taught in	To control the ball	To control the ball	To introduce the use	To explore a variety
others and obstacles.		nd Year 2.	using the inside or	using the inside or	of a turn when	of different turns in
	•	links can be	bottom of your foot	bottom and side of	dribbling (Drag back)	football whilst
Can walk and jog backwards avoiding		n multi-skills,		your foot.		dribbling (Drag back
others and obstacles.	team relay	s and team	To dribble in a			and Croft)
	gar	nes.	straight line using	To dribble around	To accurately pass	
Can alternate speed; moving quick then			their dominant foot.	cones effectively	and receive both	To complete and
slow, then quick etc.				using both feet.	short and longer	receive short and
			To complete and		passes whilst using a	long passes whilst on
Can play a team game involving stopping,			receive short side	To complete and	variety of different	the move using
starting and following instructions.			foot passes with your	receive short passes	techniques.	multiple techniques.
			dominant foot	whilst on the move.		
					To shoot with power	
			To complete and	To shoot accurately	and precision using	To shoot with power
			receive passes both	using the inside of	both the inside of	and precision using a
			long and short	your foot	their foot and laces.	variety of different
			To about the ball into	To use the block		shooting methods
			To shoot the ball into	To use the block	To be able to defend	(inside of the foot
			an empty net with	tackle effectively	effectively using a	and laces)
			accuracy	To be able to use	range of techniques	To apply passing,
			To begin to look at	space effectively in	(block tackle, guiding,	moving and dribbling
			using the block tackle	attacking drills	backward steps)	into a range of
			using the block tackie	attacking utilis	To be able to pass	attacking and
			To complete mini	To complete mini	and move effectively	defensive drills.
			small sided games	small sided games	into space To	defensive drins.
			looking at using all	looking at using all	be able to shield the	To apply passing,
			the skills we have	the skills we have	ball from a defender.	moving, dribbling and
			learned over the half	learned over the half		shooting into a range
			term.	term.	To complete mini	of attacking and
					small sided games	defensive drills.

				looking at using all the skills we have learned over the half term.	To apply passing, moving, dribbling and shooting into a range of attacking and defensive drills, increasing the amount of defenders. To complete mini small sided games looking at using all the skills we have learned over the half term.
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			Dance			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can make big actions	I am learning to copy	To perform and	To perform basic	To develop simple	To perform basic	To demonstrates
with their body.	different rhythmic	repeat simple	dance actions with	motifs	dance actions with	strong movements
	patterns.	rhythmic patterns:	greater control and		increased control	throughout a dance
Can make small		reaching; waving;	fluency	To use different		sequence.
actions with their	I am learning to	pointing; hand		partner work devices	To demonstrate	To move
body.	perform different	gestures.	To perform basic		strong movements	appropriately and
	rhythmic patterns.		dance actions with	To capture the mood	throughout a dance	with the required
Can make heavy,		To give feedback	greater control and	of a dance	sequence.	style in relation to
angry movements (to	I am learning to copy	about their feelings	fluency			the stimulus.
the beat of a drum).	movement ideas in	after dancing.		To demonstrates	To compose dances	
	response to a story.		To perform basic	rhythm and spatial	by using, adapting	To begin to show a
Can make light,		To select movements	dance actions with	awareness.	and developing steps,	change of pace and
happy movements	I am learning to	in response to a	greater control and		formations and	timing in their
(to a triangle).	create moves in	song: tempo /	fluency	To perform dances	patterning	movements.
	order to create my	meaning / gesture.		clearly and fluently		
Can show a feeling	own dance.		Perform with a sense		To begin to show a	To be able to move
through movement.		To remember simple	of phrasing,	To evaluate and	change of pace and	to the beat
	I am learning to copy	actions and repeat	rhythmically and	improve their own	timing in their	accurately in dance
	moves in order to	them.	musically	work	movements.	sequences.
	create my own				To explore and	
	dance.	To respond to a	Perform with a sense	To perform dances	improvise ideas	To dance with
		stimulus, verbalising	of phrasing,	clearly and fluently	working on their	fluency, linking all
	I am learning to	and justifying ideas.	rhythmically and		own	movements and
	create moves in		musically	Evaluate and improve	To perform dance	ensuring they flow.
	order to create my	To change and vary		their own work	expressively	
	own dance.	actions in response	Perform with a sense			To demonstrates
		to changes in music.	of phrasing,			consistent precision
			rhythmically and			when performing
		To understand &	musically			dance sequences.
		relate the structure				

structure of the song.			
To perform a whole			
The state of the s			
simple structure.			
To orally evaluate			
work, saying what is			
be improved.			
_			
stimulus to create a			
dance individually			
and mashining supp			
To talk about the			
successful / could be			
improved.			
	of the dance to the structure of the song. To perform a whole dance that has a simple structure. To orally evaluate work, saying what is good and what could be improved. To respond to a stimulus to create a dance individually and in a small group. To talk about the dance and what was successful / could be improved.	structure of the song. To perform a whole dance that has a simple structure. To orally evaluate work, saying what is good and what could be improved. To respond to a stimulus to create a dance individually and in a small group. To talk about the dance and what was successful / could be	structure of the song. To perform a whole dance that has a simple structure. To orally evaluate work, saying what is good and what could be improved. To respond to a stimulus to create a dance individually and in a small group. To talk about the dance and what was successful / could be

			Basketball			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can throw a large ball up and catch it with two	Basketball is n	ot taught in	To learn to dribble with	To dribble around	To dribble effectively	To dribble effectively
hands.	Year 1 and Yea	ar 2.	one hand	cones beginning to	and efficiently around	and efficiently around
	However, links	s can be		look at using both	cones in different	cones in different
Can use two hands to throw a large ball to a	made within n	•	To begin to look at	hands and switching	directions.	directions.
partner over a close distance.	team relays ar	nd team	passing (chest pass)			
	games.				To pass more	To pass more
Can use two hands to catch a large ball from a			To begin to look at	To pass effectively and	accurately and quickly	accurately and quickly
partner over a close distance.			passing (chest pass)	efficiently using chest	in different directions	in different directions
			and moving	pass and over arm	and types e.g. bounce	and types e.g. bounce
Can throw and catch a ball with increasing			To begin to look at the	pass.	pass chest pass	pass chest pass
precision over a greater distance.			skills needed for	To signal for the ball	overarm	overarm
			shooting.	with non-verbal		
Can bounce a big ball to the floor and catch with				communication	To shoot with	To shoot with
two hands.			To begin to look at the		increasing accuracy and	increasing accuracy and
			skills needed for	To pass effectively and	distance	distance
Can bounce a ball to the floor and pat 2 or more			shooting.	efficiently using chest	-	±
times.			To compare to make	pass, bounce pass and	To reinforce pass and	To use attacking and
Can be were a ball to a manting of a contract			To compete in mini	over arm pass.	move using keep	defending strategies
Can bounce a ball to a partner over a short distance.			games to incorporate the skills	To need and move to	possession games –	more consistently
distance.			the skills	To pass and move to	principles of attack to keep the ball and	To choose, combine
Can catch a bouncing ball from a partner over a				retain possession ensuing that correct	principles of defence	and perform ball
short distance.				decision making is	regain the ball.	handling skills more
short distance.				completed when to	regain the ball.	fluently and effectively
Can catch a bouncing ball from a partner over a				pass and when to	To reinforce pass and	in games
greater distance.				dribble	move using keep	iii gailles
greater distance.				dibble	possession games –	To compete in mini
Can bounce and receive a ball within a small				To use the correct	principles of attack to	games to incorporate
group.				shooting style not	keep the ball and	the skills
Broak.				underarm.	principles of defence	CITC SKIIIS
				aacraiiii	regain the ball.	

	To compete in mini games to incorporate the skills	To compete in mini games to incorporate the skills	

			<u>Athletics</u>			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can walk on a wide flat plank (balanced between two crates).	To be able to complete a simple individual running race	To be able to complete a simple individual running race (using timers)	To begin to look at an efficient running style To run over different	To look at an efficient running style To run over different	To use the correct starting position when running a race	To use the correct starting position when running a race
Can jump forward with two feet and soft knees.	To run over different distances and obstacles (small hurdles)	To run over different distances and obstacles (small hurdles)	distances and obstacles (medium hurdles) To begin to look at	distances and obstacles (medium hurdles) To begin to look at	To keep track a series of running times and present them in an appropriate manner	To keep track a series of running times and present them in an appropriate manner
Can jump off a low level object (crate) with two feet and soft knees.	To complete races where you need to tig the next runner	To complete races where you need to tig	methods of passing the baton (standing pass)	team running; methods of passing the baton (standing pass)	To run over the larger hurdles	To run over larger hurdles
Can hop on dominant leg on spot 2 or 3 times.	To begin to look at the correct technique for a standing long jump	the next runner To begin to look at the correct technique for a	To use the correct technique for a standing long jump	To use the correct technique for a standing vertical jump	To understand how technique, rhythm and stride pattern can	To understand how technique, rhythm and stride pattern can affect
Can jump for distance. Can jump for height	To begin to be able to look at throwing over	standing long jump To use the correct	To use the correct technique for a standing javelin throw	To use the correct technique for a	affect performance To use an efficient	performance
understanding using their head, arms and feet, applying the basic	arm (bean bags, quoits, tennis balls) To begin to be able to	technique for a standing javelin throw (indoor javelin)	To use the correct technique for a standing shot put	standing javelin throw To use the correct	technique to pass a baton in a relay To use the correct	To use an efficient technique to pass a baton in a relay
jumping technique. Can jump in different directions.	look at throwing over arm (bean bags, quoits, tennis balls)	To use the correct technique for a standing shot put	To use the correct technique for a	technique for a standing shot put	technique for a running long jump	To develop technique for a range of different standing and running
Can jump as part of a team game.	To use a double hand push pass for a basketball	(indoor shot put) To begin to use the correct technique for a	standing discuss throw	To use the correct technique for a standing discuss throw	To be able to use the correct technique for javelin (including 3 step run up)	jumps (Standing long jump) Standing vertical jump Stranding
		standing discus throw			To use the correct technique for shot put (with a spin)	To be able to use the correct technique for javelin (including run up)

		To use the correct	
		technique for a discus	To use the correct
		with a sector	to dise the confect
		with a spin	technique for shot put
			(with a spin)
			` ' '
			-
			To use the correct
			technique for a discus
			with a spin

			Tennis			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can use a bat or racket to toss a ball at close range into the air.	Tennis is not t and Year 2. Ho can be made v		To develop control over the racket (individually)	To develop control over the racket (individually)	To begin to use the correct single handed grip for forehand	To use the correct single handed grip for forehand
Can throw a ball to a partner to hit with a bat/racket and can hit a thrown ball with a bat/racket. With a partner begin to send and	skills, team rel games.	ays and team	To begin to use the correct double handed grip for forehand	To use the correct double handed grip for forehand	To begin to use the correct single handed grip for backhand	To use the correct single handed grip for backhand
receive a ball using a bat/racket and ball.			To begin to use the correct double handed grip for backhand	To use the correct double handed grip for backhand To develop technique and control when	To develop technique and control when hitting a ball looking at aiming for specific targets	To develop and evaluate technique and control when hitting a ball looking at aiming for specific targets
			To begin to develop technique and control when hitting a ball (forehand and backhand)	To begin to receive the ball from different angles To begin to able to	To receive the ball from different angles and heights (volley) To be able to hold a rally.	To receive the ball from different angles and heights (volley) improving consistency with
			To be able to return a shot using both forehand and backhand Mini Games — assessment opportunity	volley accurately.	Mini Games – assessment opportunity	returns To be able to hold a rally, with increased consistency of technique and control
			,			Mini Games – assessment opportunity

			Cricket			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Can throw a beanbag up and catch it with two hands.	Cricket is not taugand Year 2. Howe be made within n	ever, links can	To be able to catch a straight ball stood still	To be able to catch a high catch	To further develop catching in a variety of catches and catching	To further develop catching in a variety of catches and catching
Can throw a bean bag from one hand to the other.	team relays and t	•	To know the basics of underarm bowling	To improve the consistency of underarm bowling and	on the move. Long barrier High catch Low catch	on the move. Long barrier High catch
Can throw a beanbag to a partner with aim over a short distance.			To begin to strike a ball in a controlled manner	begin to look at overarm	To develop bowling technique (overarm)	Low catch
Can catch a beanbag from a partner with two hands over a short distance.			To know how to hold a cricket bat	To develop striking skills e.g. sideways to hold the bat	To identify strengths and weaknesses in	To develop bowling technique (overarm)
Can use a bat or racket to toss a ball at close range into the air.			To be able to underarm bowl and bat in an appropriate manner	To develop accuracy within a pull shot	their own performances	To recognise strengths and weaknesses in their own
Can throw a ball to a partner to hit with a bat/racket and can hit a thrown ball with a bat/racket.			Mini games – Can children incorporate all of the skills	Mini games – Can children incorporate all of the skills	To develop striking skills by hitting targets (square cut and Pull)	performances and adapt practises for how they could combat this
With a partner begin to send and receive a ball using a bat/racket and ball.			(assessment opportunity)	(assessment opportunity)	To be able to overarm bowl and bat in a more consistent manner. Mini games –	To develop striking skills by hitting targets
					Can children incorporate all of the skills (assessment opportunity)	To develop the consistency and accuracy of their striking and fielding skills To select and use skills appropriately in a game situation

			Rounders			
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
EYFS Can use a bat or racket to toss a ball at close range into the air. Can throw a ball to a partner to hit with a bat/racket and can hit a thrown ball with a bat/racket. With a partner begin to send and receive a ball using a bat/racket and ball.	Year 1 Rounders is not taught Year 2. However, links within multi-skills, tean games.	Year 2 in Year 1 and can be made		ht in Year 3 and 4 block on multi-skills the specific skills e within rounders.	Year 5 To further develop catching a variety of catches (High/low) To develop bowling technique To develop striking skills To identify strengths and weaknesses in their own performances (link to week 1, 2 and 3)	Year 6 To further develop catching and throwing (specifically getting to a post) To use a consistent bowling technique To develop striking skills aiming at specific targets To recognise strengths and weaknesses in their own
					To look at specific tactics within a game when batting and fielding Mini Games — assessment opportunity	performances and adapt practises for how they could combat this. To look at specific tactics within a game when batting and fielding Mini Games — assessment opportunity

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which they can	
remember and repeat	
To common a size of	
To compose and	
perform a simple	
sequence with a	
nartnar	
partner	

	<u>Multiskills</u>							
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
Can skip slowly over a	To be able to develop	To be able to show	To be able to	To be able to apply	To be able to apply	To be able to apply		
short distance using	agility levels	agility in a range of	demonstrate and apply	agility consistently in a	agility consistently in a	agility consistently in a		
arms for elevation.		activities	agility in a range of	range of activities	range of game type	range of game type		
•	To be able to develop		activities		situations	situations		
Can skip smoothly over	agility levels	To be able to show		To be able to apply				
a longer distance.		agility in a range of	To be able to	agility consistently in a	To be able to apply	To be able to apply		
•	To be able to develop	activities	demonstrate and apply	range of activities	agility consistently in a	agility consistently in a		
Can use a bat or racket	balance		agility in a range of		range of game type	range of game type		
to toss a ball at close		To be able to show	activities	To be able to apply	situations	situations		
range into the air.	To be able to develop	balance in a range of		balance consistently in				
	balance	activities	To be able to	a range of activities	To be able to apply	To be able to apply		
Can throw a ball to a			demonstrate and apply		balance consistently in	balance consistently in		
partner to hit with a	To be able to develop	To be able to show	balance in a range of	To be able to apply	a range of game type	a range of game type		
bat/racket and can hit a	coordination	balance in a range of	activities	balance consistently in	situations	situations		
thrown ball with a		activities		a range of activities				
bat/racket.	To be able to develop		To be able to		To be able to apply	To be able to apply		
	coordination	To be able to show	demonstrate and apply	To be able to apply	balance consistently in	balance consistently in		
With a partner begin to		coordination in a range	balance in a range of	coordination	a range of game type	a range of game type		
send and receive a ball		of activities	activities	consistently in a range	situations	situations		
using a bat/racket and		T 1	- 1 01:4:	of activities	- I Ulata ample	- 1 blassamb.		
ball.		To be able to show	To be able to	- I there apply	To be able to apply	To be able to apply		
•		coordination in a range	demonstrate and apply	To be able to apply	coordination	coordination		
•		of activities	coordination in a range of activities	coordination	consistently in a range	consistently in a range		
'			of activities	consistently in a range of activities	of game type situations	of game type situations		
•			To be able to	Of activities	To be able to apply	To be able to apply		
•			demonstrate and apply		coordination	coordination		
•			coordination in a range		consistently in a range	consistently in a range		
•			of activities		of game type situation	of game type situation		
,			Of activities		of game type situation	of game type situation		
'								
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			<u>Team Relays</u>				
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
	To work collaboratively as part of a team within a race	To work collaboratively as part of a team within a race	Team Relays is not taught in KS2 as we move to more sport specific lessons.				
	To participate in team relays or shuttle relays in small groups, using various means of travelling	To participate in team relays or shuttle relays in small groups, using various means of travelling					
	To participate in a pair relay using a beanbag, developing simple technique passing with right hand and receiving with left hand	To participate in a pair relay using a baton, developing simple technique passing with right hand and receiving with left hand					
	To steer and send a ball safely using a bat/ hockey stick (plastic) To push ball and weave through "slaloms" To use balance in a range of relay activities	To push ball and weave through "slaloms" To dribble with hands and feet to develop control and ability to change speed and direction					
		To use balance in a range of relay activities					

<u>Team Games</u>							
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
an use a bat or racket o toss a ball at close ange into the air.	To travel in different ways with control To travel with a ball in	To be able to throw and kick a ball at a specified target	Team Games is not taught in KS2 as we move to more sport specific lessons.				
Can throw a ball to a partner to hit with a pat/racket and can hit a	different ways.	To be able to pass and catch using an underarm and overarm					
thrown ball with a pat/racket.	To be able to aim at a specific target when completing an	throw in a game To use space when					
With a partner begin to send and receive a ball using a bat/racket and	underarm throw	passing and receiving in a game					
To be able to throw an catch using different apparatus	_	To be able to defend in a game situation					
	To be able to aim at a specific target when completing a side foot	To be able to shoot accurately and stop a shot when it has been kicked or thrown					
	To be able to pass and receive a ball when	To follow the rules of a game					
	kicking						